Sport: The Olympics

The Olympics began in 776 BC about 3,000 years ago in Olympia which is located in Greece, and has continued since then. Back then only men were allowed to compete in the games, but nowadays both boys and girls can compete.

They have two Olympics, the Summer Olympics, and the Winter Olympics. The Summer Olympics include events like long jump, marathons, 100 and 200 metre sprints, triple jump, swimming races etc. The Winter Olympics include events like skiing, figure skating, snowboarding etc. They also now have the Paralympics which are for athletes with a physical disability.

The Olympic Games are held every 2 years and are always great to watch. The games are held at a different country every time, and were held in Sydney in the year 2000.

